

Preschool **SNACK HACKS**

- ☆ **When your child's name is on calendar, that is their day to bring snack.**
- ☆ If their name is on a day close to your child's birthday, that is the day that we will celebrate their b-day in class. (You may send a birthday treat like cookies, donuts. Ice cream cups or something your child likes. Those listed go over very well, more so than cupcakes. If you choose cupcakes, please send mini size)
- ☆ **We will try to send a laminated reminder card home in folders before your child's snack day. Send card back to us in folder, we reuse them.**
- ☆ We are a **NUT FREE** school!!!! We have students with nut allergies. Because of this, **DO NOT** send food or candy with any kind of nuts. This includes days we have treat bags, class parties, field trips, etc.
- ☆ **Feel free to pick a snack that starts with the letter we are studying that week if you would like. This is not mandatory, just for fun.**
- ☆ We will always serve one sweet snack and one non-sweet snack and one serving of 100% Fruit Juice. We find that students prefer Apple Juice the most. Refills of water will be available. We will provide the opposite of the snack you send. (ie: you send a sweet snack, we will provide the non-sweet or vice versa)
- ☆ **Please consider the snack and the prep needed during class time to get ready. If it is a fruit or veggie that needs to be peeled or cut, please have pre-done in individual containers.**

SNACKS CAN BE HOMEMADE OR PRE-PACKAGED.

